

SkinCare Guide

Morning Skincare Routine





- **Wash Face w/gentle cleanser
(CereVe Hydrating Cleanser or Neutrogena Hydroboost Gel Cleaner)**
- **Timeless 20% C+E+Ferulic Acid Serum**
- **The Ordinary Lactic Acid 5% HA Serum**
- **Timeless Matrixyl 3000 Serum**
- **Timeless Coenzyme Q10 Serum**
- **CereVe P.M. Moisturizer or e.l.f Holy Hydration**
- **Apply Sunscreen (favorites are: Elta MD UV Elements, Neutrogena Mineral UV Tint)**